



## USA Swimming 2009-2010 Schedule (updated 12-06-09)



| Date |       | Meet   | Information                               |  |
|------|-------|--|---|--|
| Oct  | 3-4   | <a href="#">WSY A/BB/C Meet</a>  | @ Cumberland Valley HS                    |  |
|      | 24-25 | <a href="#">MA Senior Fall Classic</a>   | @ Graham Aquatic Center                   |  |
|      | 30-1  | <a href="#">BCAT A/BB/C &amp; Mini Meet</a>                                    | @ Penn State                              |  |
| Nov  | 14-15 | <a href="#">WSY A/BB/C Meet</a>  | @ Cumberland Valley HS                    |  |
| Dec  | 4-6   | <a href="#">MSA A/BB/C Mini</a>  | @ Malvern Prep                            |  |
|      | 10-13 | <a href="#">USA SCY Junior Nationals</a>                                       | Columbus, OH<br>The Ohio State University |  |
|      | 11-13 | <a href="#">TYR Cup Holiday Meet</a>   | @ F&M College                             |  |
| Jan  | 16-17 | <a href="#">WSY A/BB/C</a>   | @ Cumberland Valley HS                    |  |
|      | 22-24 | <a href="#">MA Elite Meet</a>  | @ GCIT                                    |  |
| Feb  | 12&14 | <a href="#">PAAC A/BB/C 14&amp;Under</a><br><small>(Friday and Sunday)</small> | @ Parkland HS                             |  |
|      | 12-13 | PIAA Mid Penn Champs   | @ Cumberland Valley HS                    |  |
| Mar  | 5-6   | PIAA District 3 Championships  | @ Cumberland Valley HS                    |  |
|      | 11-14 | <a href="#">MA Junior Olympics</a> <b>NEW</b>                                  | @ Sewell, NJ (GCIT)                       |  |
|      | 17-20 | PIAA State Championships   | @ Bucknell                                |  |
|      | 26-28 | <a href="#">MA Senior Championships</a> <b>NEW</b>                             | @ York YMCA                               |  |
|      | 27-28 | <b>MA Regional Championships</b>   | @ University of Delaware                  |  |
| Apr  | 1-3   | <b>Zone All Stars</b>  | @ ?                                       |  |

### Central Pennsylvania Aquatic League 2009-2010 Schedule [www.swimcpal.org](http://www.swimcpal.org)

| Open Dates to have CPAL Meets<br>Final dates will be out at the end of October |          |   |
|--|----------|---|
| January  | 2        | <b>Lebanon Valley Otters Vs HAC @ Lebanon Valley College</b>        |
|  | 3 (Sun)  | <a href="#">Elizabethtown Aquatic Club Frosty Frolic</a> (10&Under) |
|  | 9        | <b>Lancaster Family YMCA @ Hershey</b>                              |
|  | 10 (Sun) | <a href="#">CVAC Snowflake Invitational</a> (14&Under)              |
|  | 30       | <b>Lower Paxton Aquatic Club Vs Hershey @ Hershey</b>               |
| February   | 6        | <b>Cumberland Valley Aquatic Club VS Hershey @ CV High School</b>   |
|  | 14 (Sun) | <a href="#">WSY 9&amp;Under Valentine Invite</a>                    |
|  | 20       | West Shore YMCA Vs HAC @ TBA  |
|  | 27       | <b>CPAL Divisional Championships @ Hershey</b>                      |
|  | 28 (Sun) | <b>CPAL All Star Championships @ Cumberland Valley HS</b>           |

### Hershey High School Swimming 2009-2010 Schedule

|     |    |  |       |       |                             |
|-----|----|--|-------|-------|-----------------------------|
| Dec | 15 | @ Cedar Crest  | Jan.  | 28    | <b>Palmyra</b>              |
|     | 17 | <b>Milton Hershey</b>                                | Feb   | 2     | <b>Cumberland Valley HS</b> |
|     | 19 | Parkland Quad  |       | 4     | <b>Cedar Cliff</b>          |
|     | 29 | Peters Township Holiday Inv.<br>@ Chatham University |       | 12    | MPC AAA Champs              |
| Jan | 5  | <b>Central Dauphin East</b>                          |       | 13    | MPC AA Champs               |
|     | 7  | <b>Lower Dauphin</b>                                 |       | 16    | <b>Wilson West Lawn</b>     |
|     | 12 | @ Chambersburg                                       |       | 18    | <b>Hempfield</b>            |
|     | 16 | Wilson Relays  | March | 5-6   | Districts AA & AAA          |
|     | 19 | <b>Central Dauphin</b>                               |       | 17-18 | PIAA Champ AAA              |
|     | 21 | @ State College                                      |       | 19-20 | PIAA Champ AA               |
|     | 26 | @ Carlisle HS (Dickenson)                            |       |       |                             |